# **Medical Self-Certification & Flying Club Indemnity**

Flying with **Ultimate High** (The Team) can be a dynamic experience. It is ***your responsibility*** to ensure that you do not suffer from any disorder or condition that may be affected. Such conditions are typically, but not limited to, those shown in the questions below. **If you have any doubts whatsoever about your medical or physical status you must consult your physician.**

**If you answer ‘Yes’ to any of the questions below**, or have any doubts at all, ***you will not be allowed to fly with The Team*** unless your GP/Physician signs a medical certificate confirming your suitability to fly.

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Please tick the boxes to answer the questions below:** | ***Yes*** | ***No*** |
|  |  Are you aged 71 or over? \* If yes, please state your age. |  |  |
|  |  Do you weigh more than 15 stone 7 lbs (98 kilos or 217 lb)?  If yes, please state your weight. | Weight: |  |
|  |  Do you currently have a cold or have problems clearing your ears? |  |  |
|  |  Have you been sub-aqua diving in the last three days? |  |  |
|  |  Are you taking any medication? |  |  |
|  |  Are you pregnant? |  |  |
|  | **Do you suffer from, or have a history of, or susceptibility to:** | ***Yes*** | ***No*** |
|  |  Unexplained loss of consciousness, epilepsy or fits of any kind? |  |  |
|  |  Any mental illnesses including attempted suicide? |  |  |
|  |  Weakness of, or suffering from, back or neck pains? |  |  |
|  |  Tendency to suffer from any anxiety disorder or claustrophobia? |  |  |
|  |  Any heart problems including fitted with pacemaker? |  |  |
|  |  High or low blood pressure? |  |  |
|  |  Asthma, hay fever or any other allergies?  |  |  |
|  |  Angina, Arthritis or Insulin dependent diabetes mellitus? |  |  |
|  |  Lung disease including emphysema and previous pneumothorax |  |  |
|  |  Recent head injuries or sub-arachnoid haemorrhage? |  |  |
|  |  Any other illnesses not mentioned above? |  |  |

*\* All guests aged 71 or over must get a note from their doctor confirming that they are fit to fly.*

*\*\* Weight limit is 15 stone 7 lbs in the Extra300 Aircraft, and 17 stone (238 lbs / 108 kg) in the T67 Firefly.*

# **COVID-19 Coronavirus Questions:**

1. Have you recently travelled to an area with known local spread of COVID-19? **Yes/No**
2. Have you come within 2m of someone who has confirmed COVID-19 in the past 14 days? **Yes/No**
3. Do you have symptoms of COVID-19 (persistent cough, difficulty breathing, fever, loss of sense of smell or taste)? **Yes/No**
4. Have you complied with UHA joining instructions (eg transport & accommodation etc)? **Yes/No**

# **Declaration**

***I understand that it is my responsibility to ensure that I have no physical or mental condition that would prevent me from flying with Ultimate High, and that I have answered the questions above truthfully. By signing this document, I am also agreeing to become a temporary member (for 1 year) of the Ultimate High Flying Club, and agree to indemnify the Flying Club as detailed overleaf.***

Your Full Name (capitals)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*Parent/Guardian signature & name if aged 17 or under)*

Your Email \*\*\*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*Name of Emergency Contact Person (capitals)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

*Emergency Contact Telephone No.(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

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***PTO for Terms & Conditions of Ultimate High Flying Club Membership***

Ultimate High Flying Club

**Indemnity and acceptance of conditions pertaining to use of Club facilities:**

1. I will abide by the rules and constitution of the Ultimate High Flying Club (hereafter referred to as ‘the Club’) and I undertake to comply with all instructions and requests made of me by any member of the committee of the Club or by any duly authorised officer of that committee.

2. I acknowledge that, as a member of the Club:

2.1 I understand that any airborne experience aboard an aerobatic plane is a potentially dangerous activity and confirm that I am aware of the risks (including personal risks) involved and accept such risks in choosing to participate.

2.2 I confirm that I am in good health and do not have any medical condition whether temporary or permanent which may make it unsafe for me to participate.

2.3 I have truthfully completed the medical questionnaire and confirm that I am not and will not be on the date of the flight under the influence of any intoxicant or drugs (other than prescribed medication).

2.4 I confirm that I will wear all protective and safety equipment as directed at all times whilst on board the aircraft.

2.5 I will at all times follow the instructions from the organisers and marshals and understand that safety is paramount and the decision of the organisers in respect of safety matters is final.

2.6 I accept that I may be stopped from participating by the organisers/marshals for any reason including if I cannot or do not comply with the safety standards or requirements.

2.7 I agree that, save in respect of death or personal injury caused by the Club’s negligence, I shall hold harmless, indemnify and keep indemnified Power Aerobatics Ltd trading as Ultimate High (including its officers, employees, and the promoters and organisers of the event) from and against all claims, liabilities, costs and expenses arising as a result of the death or personal injury of myself or others caused by my negligence or carelessness.